

# 2019 JOINT MENTAL HEALTH SUMMIT

*Addressing Child and Family Mental Health Needs, Including Military and Veteran Populations*

## LUNCH & COMMUNITY RESOURCES DISCUSSION: *Community Resource Mapping*

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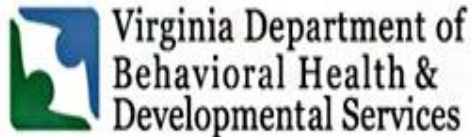
# Objectives

**Following this presentation, participants should be able to:**

1. Identify regional community resources for Mental Health support and treatment.
2. Recognize existing relationships, potential collaborations and barriers to Mental Health support and treatment in Hampton Roads.

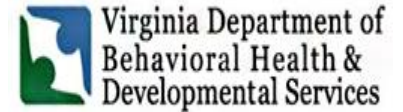
# DBHDS, System Transformation Excellence and Performance (STEP-VA)

- Reforming Virginia's Behavioral Health System, STEP-VA
- Anticipated Outcomes
- Progress Implementing STEP-VA
- Next Steps



# VDBHDS & DMAS: Current Strengths

High Fidelity Wraparound  
MST FFT  
Public awareness  
SURVEY Peer support  
AWAKENING STEP VA  
Stakeholder Involvement  
Behavioral Health Redesign Workgroup  
General funds PACCT Telehealth  
DJJ positions at CSBs  
Legislative support



# Resources

- Hampton Roads Community Foundation
- [www.757resources.org](http://www.757resources.org)





# MENTAL HEALTH SERVICES

## Community Outreach & Support

- Advocacy ●●●
- Community education and awareness ●●●●●
- Community partnerships ●●●
- Family support ●●●●
- Foster care ●
- Internships and business opportunities for students ●
- Military family support ●●
- Outreach ●●
- Resource directory ●
- School-based education programs ●●●
- Self-esteem building programs ●●
- State-level advocacy ●●
- Suicide loss coping resources ●
- Training programs ●●
- Volunteer opportunities ●●●
- Youth programs ●●●●

## Health & Individual Care

- Counseling ●●
- Crisis support (long and short term) ●●
- Dual Diagnosis Care ●
- Intervention teams ●
- Peer to peer education ●●
- Support groups ●●●
- Telemental health support ●
- Therapy ●
- Veteran support ●
- Youth counseling ●●

- Ardx Foundation
- Barry Robinson Center
- Chas Foundation
- I Need a Lighthouse
- NAMI Newport News
- NAMI Virginia Beach
- Nat'l Center for Prevention of Community Violence
- Up Center





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Find Resources

Operated by **ForKids**

## A Directory of Resources for Residents of Greater Hampton Roads

Find Resources

If you are looking for resources in the Hampton Roads area, including housing, food, individual and family support, health care, GED and education and much more, follow the link to our resource page for a full listing.

*Experiencing a housing crisis?*



HCH757  
Housing Crisis Hotline

 Resources757 PARTNERS



ForKids



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# Additional Resources

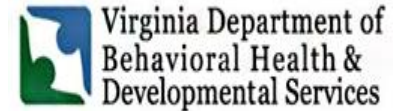
What resources are available?

- Regionally
- Locally



# VDBHDS & DMAS: Future Needs

Community based services  
Rate redesign  
PACT expansion  
Address disparities  
Integrated care  
Faster credentialing  
0 to 5 ACCOUNTABILITY  
clear communication  
Public advocacy  
prevention  
Community linkages  
ALIGNMENT  
Licensure reciprocity  
EBP reimbursement  
Recruitment Equitable pay  
Licensed professionals  
Psychiatry access



# Addressing Gaps

Current gaps and barriers?

- Regionally
- Locally

