# THE ROLE OF MEDICAID IN ACHIEVING HEALTH EQUITY

Chethan Bachireddy, MD, MSc, Chief Clinical Innovation Officer Virginia Department of Medical Assistance Services











# A Map



## **Health is More than Healthcare**

Ith. <sup>3</sup> Office of Disease Prevention and Health Promotion. Social Determinants of Health

### **MEDICAID EXPANSION**



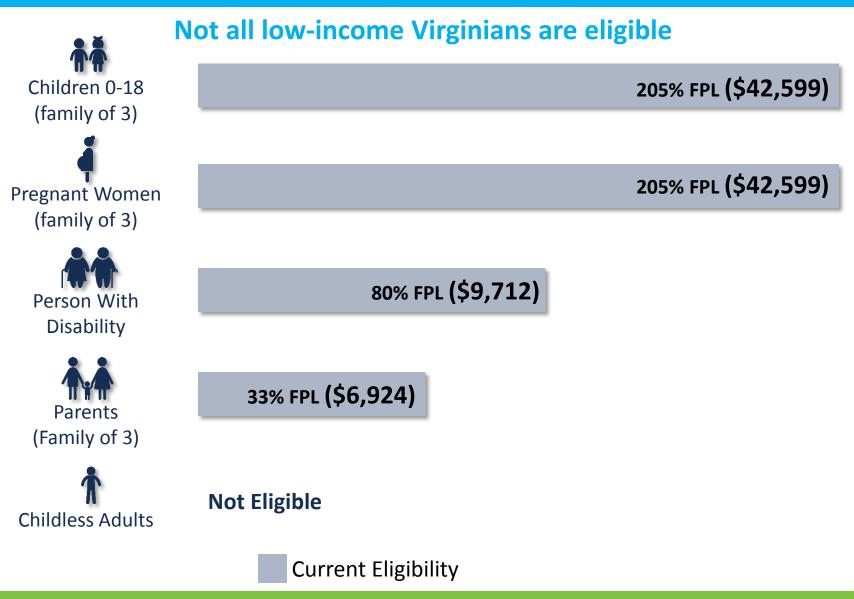


# **Medicaid Expansion is Here!**

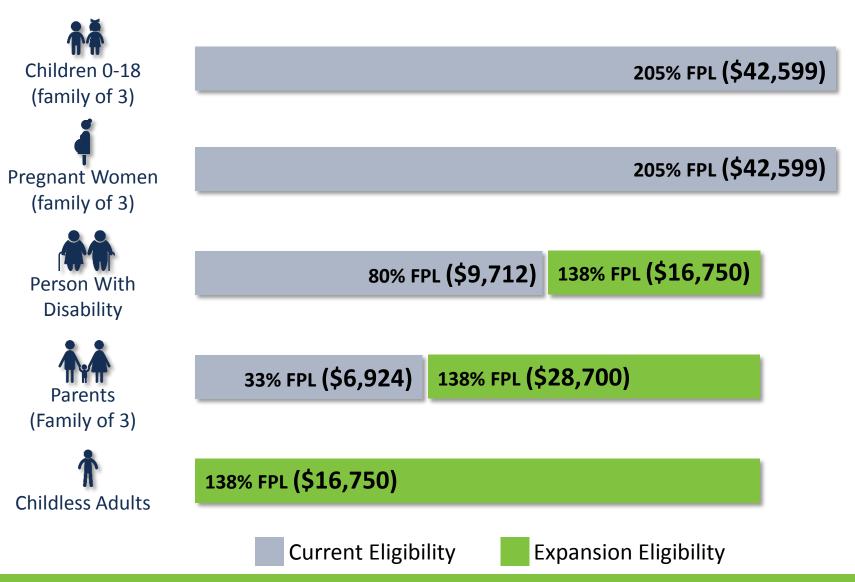
- The rules have changed. More Virginians will be eligible for coverage beginning January 1, 2019.
- Up to 400,000 more low-income Virginia adults will enroll in quality, low- and no-cost health coverage
- People working in retail, construction, childcare, landscaping, food service or other jobs that do not offer health insurance may be eligible



### Who Qualified for Virginia Medicaid Before Expansion?



### Who Qualifies for Virginia Medicaid Under Expansion?



### **New Adult Coverage Uses Current Health Plans**

Coverage will be provided for most individuals through the Medallion 4.0 and Commonwealth Coordinated Care Plus (CCC Plus) managed care programs



Aetna Better Health® of Virginia



Anthem. HealthKeepers Plus
Offered by HealthKeepers, Inc.









Medicaid's six current health plans will serve the new adult members

### **What Services are Covered?**

# New enrollees will receive coverage for all Medicaid covered services including evidence-based, preventive services

- Doctor, hospital and emergency services, including primary and specialty care
- Prescription drugs
- ✓ Laboratory and X-ray services
- Maternity and newborn care
- Home health services
- Behavioral health services, including addiction & recovery treatment services (ARTS)
- Rehabilitative services, including physical, occupational and speech therapies
- Family planning services
- Medical equipment and supplies
- Preventive and wellness services, including annual wellness exams, immunizations, smoking cessation and nutritional counseling
- ✓ Managed Care Organization case management/care coordination services
- Transportation to Medicaid-covered services when no alternatives are available
- And more

### **Summary of Streamlined Enrollment Letters**

Group

Letter

**Action Needed to Expedite Enrollment** 

**GAP Members** 



Auto-Transition to Full Benefit Medicaid

No action needed to enroll in full Medicaid benefits

Plan First Members



Auto-Transition to Full Benefit Medicaid

No action needed to enroll in full Medicaid benefits

SNAP Beneficiaries



Submit Express

Application

Submit Express Application (via phone or mail) by 01/04/19 for expedited enrollment

Parents of Enrolled Children



Submit Express
Application

Submit Express Application (via phone or mail) by 01/04/19 for expedited enrollment

Marketplace Plan Member





Log into your healthcare.gov account, then update and submit your 2019 application between 11/01/18 and 12/15/18

If you have questions about streamlined enrollment processes for an individual: Call Cover Virginia at 1-855-242-8282 (TDD: 1-888-221-1590), go online to www.commonhelp.virginia.gov, or visit your local Department of Social Services

# Help Support the Streamlined Enrollment Process



Encourage members to look out for the YELLOW envelope mailing from DMAS or Virginia Medicaid



Help members complete and submit Express Applications by <u>January 4, 2019</u> through any of these methods:

- ✓ Mail in the enclosed, pre-paid envelope
- ✓ Call Cover Virginia: 1-855-242-8282 (TDD: 1-888-221-1590)
- ✓ Go online to Common Help: <a href="https://commonhelp.virginia.gov/">https://commonhelp.virginia.gov/</a>



What if an individual believes he/she received a letter, but may have lost it?

- ➤ CALL COVER VIRGINIA (1-855-242-8282) to verify
- Recipients of Express Applications (i.e. SNAP & Parents of Child(ren) Enrolled in Medicaid) are selected based on eligibility requirements

## **How to Apply for Medicaid Coverage**



Individuals not captured in the streamlined enrollment groups may still apply for Medicaid coverage, including the new adult coverage, through any of the following:



Call the Cover Virginia Call Center at 1-855-242-8282 (TDD: 1-888-221-1590)



Complete an online application at Common Help: www.commonhelp.virginia.gov



Complete an online application at The Health Insurance Marketplace: <a href="https://www.healthcare.gov">www.healthcare.gov</a>



Mail or drop off a paper application to your local Department of Social Services (mailing may take longer than other methods of applying.)

Find your nearest local Department of Social Services by visiting:

http://www.dss.virginia.gov/localagency/index.cgi



Call the Virginia Department of Social Services Enterprise Call Center at 1-855-635-4370 (if you also want to apply for other benefits)

Applications for new adult coverage are now being accepted!

### **Cover Virginia Website: coverva.org**









1-855-242-8282

Important Tax Information | Partners | Resources

Programs

VlaaA

Already Enrolled

Marketplace

Need Help?

Health Plans

News

#### Coming Soon: New Health Coverage for Adults

Beginning January 1, 2019, more adults living in Virginia will have access to quality low cost health coverage Eligibility is based on income, with a single adult making up to \$16,754, or a family of three making up to \$28,677, qualifying for coverage. Get more information here.

#### Welcome to Cover Virginia!

On this website you can learn about Virginia's Medicaid and FAMIS programs for children, pregnant women and adults. You can also get information about health insurance options available through the Federal Marketplace. You can apply online or search for someone who can assist you with your application.

To begin, use the screening tool on the Eligibility page to get connected to the right health care coverage for you and vour family.



The rules have changed.

Check out new quality low cost health coverage options coming soon for adults.

Health Insurance Marketplace



Eligibility





## **Next Steps for Providers**

# If you are <u>already</u> accepting Medicaid patients...

- Consider opening your panel to more Medicaid patients
- Inform those who are not currently covered by Medicaid that "the rules have changed" and encourage them to apply
- Consider becoming a Provider Champion and presenting on Medicaid Expansion in your community

# If you are <u>interested</u> in accepting Medicaid patients...

- ✓ To enroll as a DMAS fee-for-service provider, visit <u>www.virginiamedicaid.dmas.virginia.gov</u> to learn more
- "Pick Two" or more health plans and join their networks
  - Visit each health plan's website to learn how

### 1115 WAIVER: HOUSING





### **Overview of Medicaid Expansion Requirements**

The 2018 Appropriations Act directs DMAS to implement new coverage for adults and transform coverage

#### State Plan Amendments, contracts, or other policy changes

Implement new coverage for adults with incomes up to 138% FPL and implement early reforms for newly eligible individuals

#### § 1115 Demonstration Waiver

Implement required reforms that transform the Medicaid program for certain individuals

DMAS is working in parallel and will submit a  $\S$  1115 Waiver while receiving CMS approval of State Plan Amendments

### **State Law Requires Waiver Changes**





Work and Community Engagement



Premiums, Co-Payments, Health and Wellness Accounts



**Housing and Employment Supports Benefit** 

## **Medicaid Housing Supports Background**

While federal Medicaid funding cannot be used pay for room and board, Medicaid can finance a range of services that support individuals in securing and sustaining housing.

#### Services can be covered by Medicaid:



Individual Housing
Transition Services,
including Community
Transition Services



Individual Housing and Tenancy Sustaining Services

# Services that cannot be covered by Medicaid\*:

#### **Ongoing Room and Board** such as:

- **X** Rental payments
- **×**Lease payments
- **X** Mortgage
- **×** Hotel or motel stays
- ➤ House maintenance of general utility or cosmetic value

\*Explicitly prohibited under CMS guidance and have not been approved under a Medicaid waiver

### **Proposed Housing Supports Eligibility**

Individuals ages 18 and older who meet health needs-based criteria and have specific risk factors.

# HEALTH NEEDS-BASED CRITERIA (must have at least 1 and be expected to benefit from housing supports)

- ✓ Assessed to have a behavioral health need, which means:
  - Serious Mental Illness based on Governor's Access Plan definition and ICD-10 codes for diagnoses
  - ✓ SUD, which means a substance-related addictive disorder, as defined in the DSM-V, (with the exception of Tobacco-Related Disorders and Non-Substance-Related Disorders) marked by a cluster of cognitive, behavioral, and physiological symptoms indicating that the individual continues to use, is seeking treatment for the use of, or is in active recovery from use of alcohol or other drugs despite significant related problems
- ✓ OR
- ✓ Individual has a serious and complex medical condition

AND...

# **Proposed Housing Supports Eligibility**

Individuals ages 18 and older who meet health needs-based criteria and have specific risk factors.

#### RISK FACTORS (must have at least 1)

- ✓ Chronic homelessness (residing in a place not meant for human habitation, a shelter for homeless persons, a safe haven, or the streets)
- ✓ History of frequent or lengthy stays in an institutional setting, institutionlike setting, assisted living facility, or residential setting
- Frequent ED visits or hospitalizations
- ✓ History of involvement with the criminal justice system
- ✓ Frequent turnover or loss of housing as a result of behavioral health symptoms

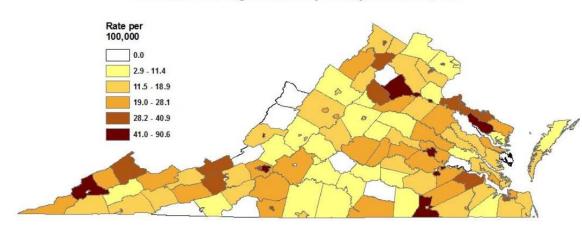
# ADDICTION AND RECOVERY TREATMENT SERVICES (ARTS) UPDATE





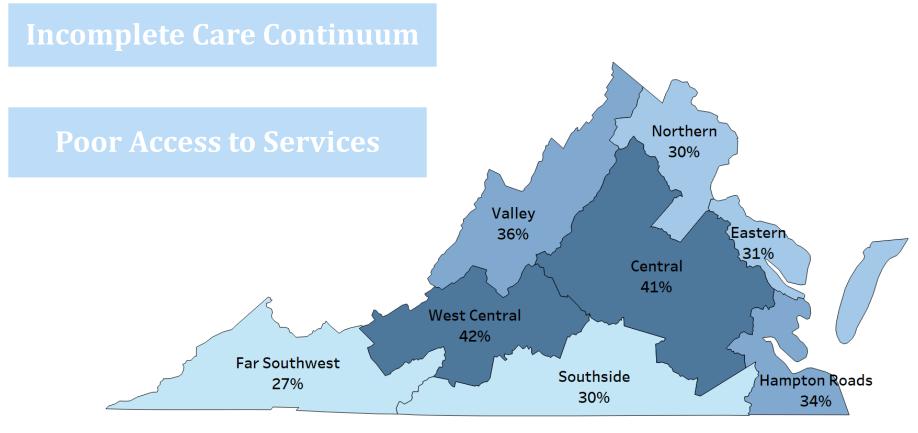
# Virginia's Opioid Epidemic

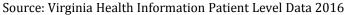




Sources: Virginia Department of Health, Daily Press Analysis

# **Medicaid III-Prepared for SUD**







### **Addiction and Recovery Treatment Services (ARTS)**

- All ARTS services are covered by Managed Care plans
- Magellan continues to cover community-based substance use disorder treatment services for fee-for-service members



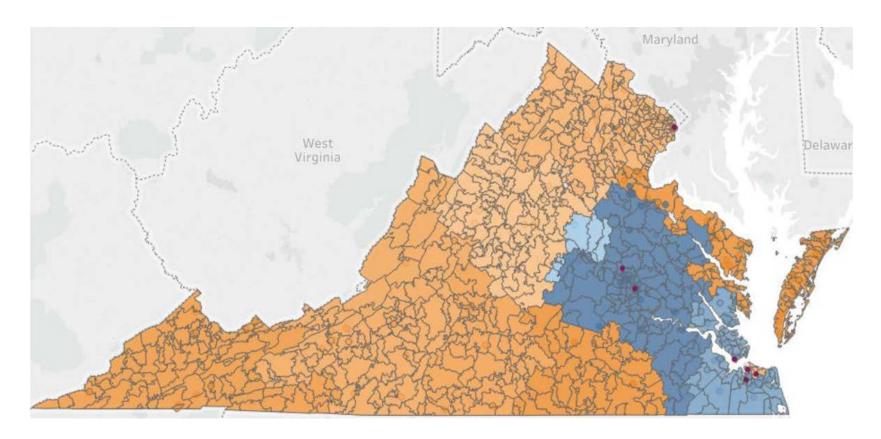
ARTS creates a fully integrated physical and behavioral health continuum of care

### **Increases in Addiction Providers Due to ARTS**

#### Over 400 new Addiction Treatment Provider Sites in Medicaid

Addiction Provider Type	# of Providers before ARTS	# of Providers after ARTS	% Increase in Providers
Inpatient Detox (ASAM 4.0)	Unknown	103	NEW
Residential Treatment (ASAM 3.1, 3.3, 3.5, 3.7)	4	94	个 2250%
Partial Hospitalization Program (ASAM 2.5)	0	16	NEW
Intensive Outpatient Program (ASAM 2.1)	49	136	个178%
Opioid Treatment Program	6	39	个 550%
Preferred Office-Based Opioid Treatment Provider	0	97	NEW

## **Before ARTS: Opioid Treatment Services**



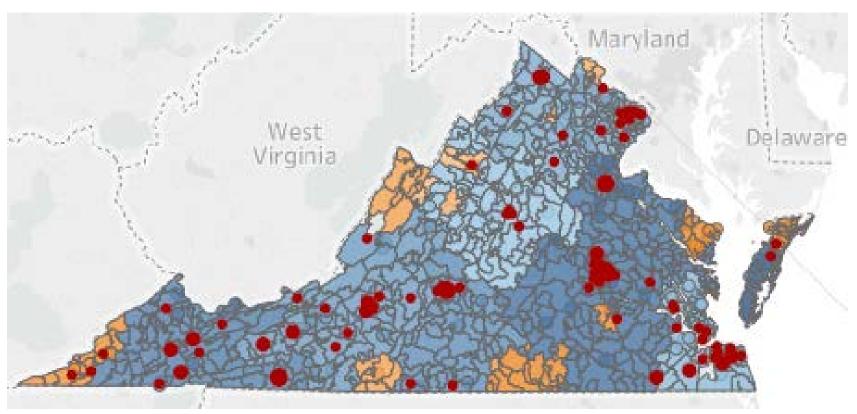
**Source**: Department of Medical Assistance Services - Provider Network data (April 16 2018).

Circles # of Medicaid providers included in network adequacy access calculation. For a zip code to be considered accessible, there must be at least two providers within 30 miles (urban) or 60 miles (rural) driving distance.

Driving distance is calculated by Google services based on the centroid of each zip code.

**Note:** Before ARTS, only two of the six Opioid Treatment Programs enrolled with Medicaid were billing Medicaid to treat Medicaid members

# **After ARTS: Opioid Treatment Services**



**Source**: Department of Medical Assistance Services - Provider Network data (April 16 2018).

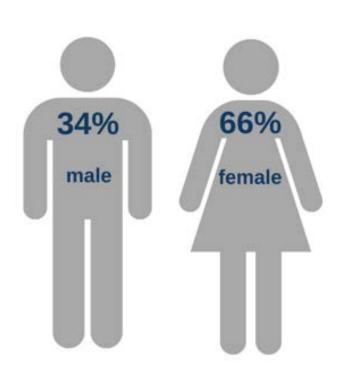
Circles # of Medicaid providers included in network adequacy access calculation. For a zip code to be considered accessible, there must be at least two providers within 30 miles (urban) or 60 miles (rural) driving distance. Driving distance is calculated by Google services based on the centroid of each zip code.

**Note:** The map with results after the ARTS program began shows Opioid Treatment Services, which include Opioid Treatment Programs that existed prior to ARTS, and the addition of the Preferred Office-Based Opioid Treatment Providers (which are an innovative new care delivery model supported by ARTS.

### **VCU Evaluation: Outcomes from Year One**

### **Characteristics of Members**

- More than 20,000 members have Opioid Use Disorder (OUD)
- About 30,000 members have other Substance Use Disorder including Alcohol Use Disorder and other legal/illegal drugs
- OUD diagnoses increased by 15% during first year
  - 2/3 members with OUD are female
  - Members with OUD are disproportionately white and ages 45 and older and more likely to have gained eligibility as an adult with a disability



### **VCU Evaluation: Outcomes From Year One**

More Medicaid members are receiving treatment for all Substance Use Disorders (SUD) and Opioid Use Disorder (OUD)



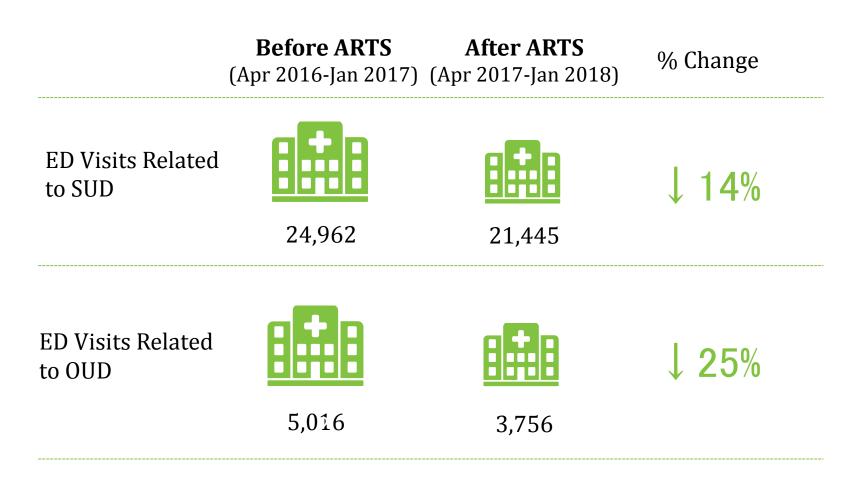
### **VCU Evaluation: Outcomes From Year One**

### **Increase in total number of Opioid Use Disorder Outpatient Providers**

		Before ARTS (Apr 2016-Mar 2017)	After ARTS (Apr 2017-Mar 2018)	% Change
By Provider Type	Total number of OUD Outpatient Providers	570	1,352	个137%
	Physicians	128	586	个358%
	NP	13	66	<b>↑408%</b>
	Counselors and SW	142	236	个66%
	Other	287	464	个62%

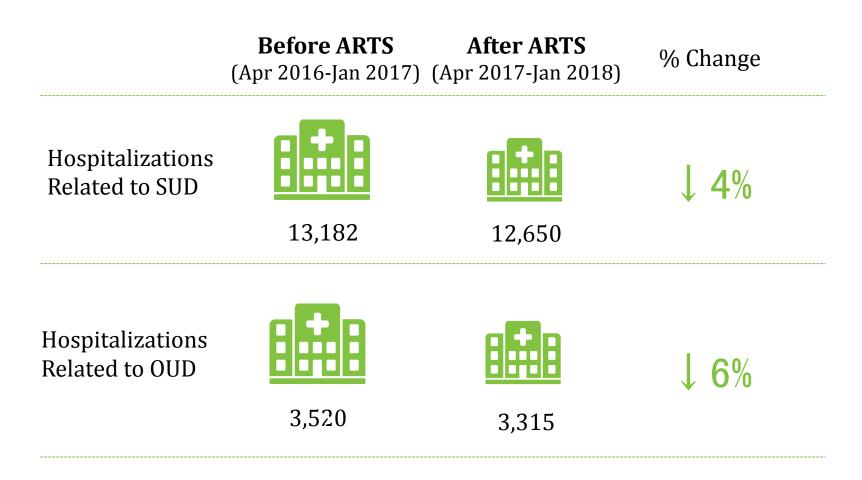
### VCU Evaluation: Outcomes From 10 Months

Fewer Emergency Department visits related to Substance Use Disorder (SUD) and Opioid Use Disorder (SUD)



### VCU Evaluation: Outcomes From 10 Months

Fewer inpatient hospitalizations related to Substance Use Disorder (SUD) and Opioid Use Disorder (SUD)

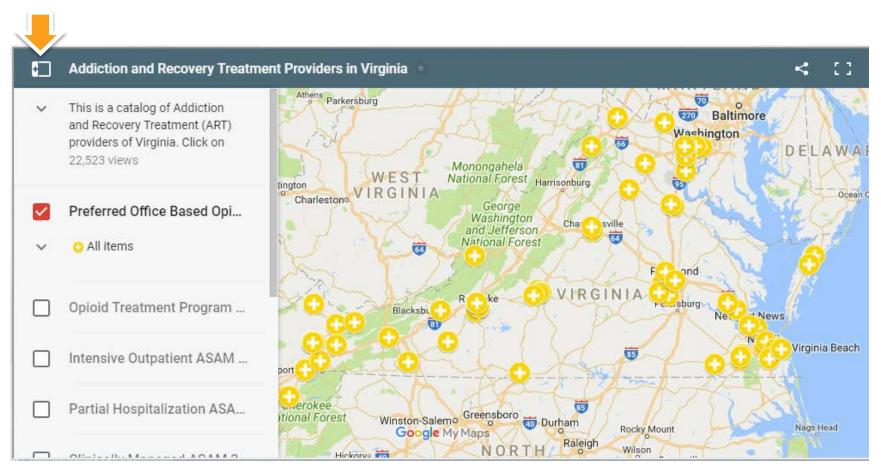


### **Future Plans**

- Medication Assisted Treatment and Levels of Care
- ✓ Under-utilization of Peer Support Services
- ✓ Removal of Prior Authorization Requirement
- ✓ Value Based Purchasing
- Medicaid and Criminal Justice System

### **ARTS Provider Locator**

Visit the DMAS ARTS website to locate providers with Google Maps: <a href="http://www.dmas.virginia.gov/#/arts">http://www.dmas.virginia.gov/#/arts</a>



Please email questions regarding the ARTS program to <u>sud@dmas.virginia.gov</u>

### **NEXT STEPS**

Engage your community and enroll patients

Advocate for cross-sector partnerships to make health the default

Teach us about health inequities and show us what is and isn't working



### **THANK YOU!**

Chethan Bachireddy chethan.bachireddy@dmas.virginia.gov

#### **Proposed Individual Housing Transition Services**

Housing Transition Services, including Community Transition Services, provide housing supports and linkages for individuals with disabilities, long term services and supports needs, and who are experiencing chronic homelessness.

- Conducting a functional needs assessment identifying the individual's preferences related to housing
- Assisting in budgeting for housing/living expenses
- Assisting with completion of applications for housing
- Assisting individuals with finding and applying for housing necessary to support the individual in meeting their medical or behavioral healthcare needs
- Developing an individualized community integration plan addressing goals and barriers-and an individualized housing support plan
- Identifying and establishing short and long-term measurable goal(s), and establishing how goals will be achieved and how barriers will be addressed
- Providing supports and interventions per the individualized services plan

#### **Proposed Individual Housing Transition Services**

Housing Transition Services, including Community Transition Services, provide housing supports and linkages for individuals with disabilities, long term services and supports needs, and who are experiencing chronic

hamalacenace

- Assisting with identifying resources to secure housing
- Ensuring the living environment is safe and accessible for movein
- ✓ Assisting in arranging for and supporting the details and activities of the move-in
- ✓ Providing community transition services for individuals who are transitioning from an institutional or another provideroperated living arrangement to a living arrangement in a private residence where the person is directly responsible for his or her own living expenses; services/expense necessary to establish a basic household

#### **Proposed Individual Housing and Tenancy Sustaining**

Housing and Tenancy Sustaining Services are provided to individuals who are already residing in housing in the community, for the purpose of maintaining tenancy.

- Coordination with the tenant to review, update and modify their individualized housing support plan on a regular basis to reflect current needs and preferences and address existing or recurring housing retention barriers
- ✓ Support in planning, participating in, and updating the individualized services plan at redetermination and/or revision plan meetings
- ✓ Coordinating with and linking the recipient to services.
- Monitoring and follow-up to ensure that linkages are established and services are addressing community integration needs
- Entitlement assistance

# Proposed Individual Housing and Tenancy Sustaining Services

Housing and Tenancy Sustaining Services are provided to individuals who are already residing in housing in the community, for the purpose of maintaining tenancy.

- Assistance with securing supports to preserve the most independent living
- ✓ Providing supports to assist the individual in the development of independent living skills
- Providing supports to assist the individual in communicating with the landlord and/or property manager
- Education and training on the role, rights, and responsibilities of the tenant and landlord
- Connecting the individual to training and resources and continued training that will assist the individual in being a good tenant and lease compliant
- Advocating on behalf of and linking the tenant to community resources to prevent eviction
- Providing early identification and intervention for actions or behaviors that may jeopardize housing

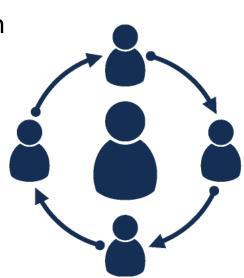
#### **Services not Included in Housing Supports Benefit**

Services that cannot be covered by Medicaid because they are explicitly prohibited under CMS guidance and have not been approved under a Medicaid waiver.

- ✓ Payment of rent or other room and board costs
- ✓ Capital costs related to the development or modification of housing
- Expenses for utilities or other regular occurring bills
- ✓ Goods or services intended for leisure or recreation
- ✓ Duplicative services from other state or federal programs
- ✓ Services to individuals in a correctional institution or an Institution of Mental Disease (IMD) (other than services that meet the exception to the IMD exclusion)

#### **Emergency Department Care Coordination (EDCC)**

- ✓ **Single, statewide technology solution** that connects all hospital EDs in Virginia, enabling integration with hospitals' electronic health records
- ✓ Facilitates **real-time** communication and collaboration
- Providers and clinical and care management staff receive alerts with hospital admissions, discharges, and transfers, and care coordination plans
- ✓ HIPAA-compliant
- ✓ Integration with the Prescription Monitoring Program and the Advance Health Care Directive Registry
- ✓ Managed by the Virginia Department of Health





# EMERGENCY DEPARTMENT CARE COORDINATION (EDCC)



### **ED Care Coordination Implementation**



#### **By June 30, 2018**

Phase 1:

ALL emergency departments & Medicaid Managed Care Organizations



#### **Starting July 1, 2018**

Providers - primary care, case managers, long-term care, Community Service Boards, Behavioral Health, Federally Qualified Health Centers, specialty care, etc.



#### **By June 30, 2019**

Phase 2:

Commercial, Medicare and State Employee Health Plans



#### **ED Care Coordination**

- ✓ Medicaid providers will be prioritized for access to the system.
- Data will be available for all insured patients, not just those covered by Medicaid
- Collective Medical (EDCC vendor) will need to collect some information from you about best contacts, the scope/size of your practice(s), EHR specifics, etc. They will also need you to sign a legal agreement:
  - E-mail Rachel Fried at <a href="mailto:rfried@connectvirginia.org">rfried@connectvirginia.org</a>
  - Website: <a href="https://connectvirginia.org/">https://connectvirginia.org/</a>

#### **Next Steps**

## If you are <u>already</u> accepting Medicaid patients...

- Consider opening your panel to more Medicaid patients
- Inform those who are not currently covered by Medicaid that "the rules have changed" and encourage them to apply
- Consider becoming a Provider Champion and presenting on Medicaid Expansion in your community

# If you are <u>interested</u> in accepting Medicaid patients...

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- "Pick Two" or more health plans and join their networks
  - Visit each health plan's website to learn how

#### Thank you!

### **MCO Network Contact Information**

Health Plan	Contact for Medallion 4.0 and CCC Plus		
Aetna	Jannette Anderson, 804-527-6402, <u>NetworkDevelopmentVAContact@aetna.com</u>		
Anthem	Jamal Matthews, 1 804-354-2178, <u>Jamal.matthews@anthem.com</u>		
Magellan	Kenya C. Onley, 804-366-6339, KCOnley@magellanhealth.com		
Optima	Annie Beck, 877-865-9075, Option 4, OptimaContract@Sentara.com		
United Health/ INTotal	Contact provider services at:  CCC Plus, 877-843-4366   Medallion 4.0, 844-284-0146  www.providerexpress.com		
Virginia Premier	Medallion 4.0: Phone: 804-819-5151 Angela Woodley, Angela.Woodley@vapremier.com, Ext. 55048 Tammy English, Tammy.English@vapremier.com, Ext. 55817	MLTSS (CCC Plus): Phone: 804-819-5151 John "Huck" Blauvelt, John.Blauvelt@vapremier.com, Ext. 54133 Shannon Wilson, Shannon.Wilson@vapremier.com, Ext. 54132	

## Approach: Alternative Payment Model (APM) for Preferred Office-Based Opioid Treatment Model

Code	Service	Who Can Bill?	Unit	Rate/ Unit
H0014	Medication Assisted Treatment (MAT) induction	Buprenorphine Waivered Practitioner	Per encounter	\$140
H0004	Opioid Treatment – individual and family therapy	Credentialed Addiction Treatment Professional	1 unit= 15 min	\$24
Н0005	Opioid Treatment – group therapy	Credentialed Addiction Treatment Professional	1 unit = 15 min (per patient)	\$7.25
G9012	Substance Use Care Coordination	Buprenorphine Waivered Practitioner or Credentialed Addiction Treatment Professional	1 unit = 1 month	\$243



- Enhanced OBOT payments support infrastructure and operational changes necessary to delivery high-quality care (HCPLAN Category 2A)
- **Expected move to accountability for performance measures in 2019** 
  - Other ARTS provider types, including Intensive Outpatient and Partial Hospitalization providers, will also be evaluated against performance criteria in coming years

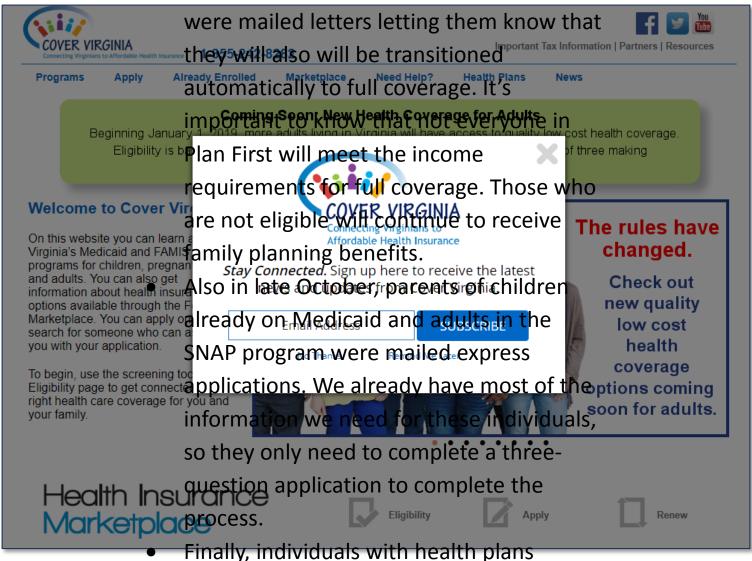
### **Regular Updates**

# Visit the Cover VA Website at <a href="www.coverva.org">www.coverva.org</a> or call <a href="mailto:1-855-242-8282">1-855-242-8282</a> for information and regular updates



## Sign up on the Coverage Website to Receive Updates!

 In late October, members of our Plan First program who are eligible for full coverage



purchased on the federal Marketplace

#### **Enrollment Pathways**

#### **Enrollment Communications Timeline**

