

## Electives & Sub- Specializations

### ELECTIVES\*\*

- ATC 535/635 Art Therapy in the Schools (1)
- ATC 615 Family Counseling & Psychotherapy (3)
- ATC 639 Exploration of the Psyche (1)
- ATC 638 Countertransference/Jung (1)
- ATC 562/652 Medical Art Therapy (1)
- ATC 685 Community Art (1)
- AT 701/702 Applied Cultural Sensitivity in Art Psychotherapy and Counseling (4) (study abroad)

\*Number in parentheses designates number of credits

\*\*Electives are optional coursework and are NOT requirements for graduation, therefore additional tuition and fees may apply. Electives that are designated as sub-specializations and become part of your degree requirements once designated will be a part of your tuition. ^Contact Financial Aid for more information.

### **Sub-Specializations**

Any student may earn a Sub-Specialty designation on her/his degree by taking the combination of elective coursework and/or designated internship and with Program Director approval as stated in the electives policies. Sub-Specialty areas of study are recommended by the Education Program Approval Board (ATA) revised standards "Sub-Specializations." The GATCP supports sub-specializations to build comprehensive and specialty skills in multiple areas of practice and study. Sub-Specializations may be taught by a credentialed Art Therapy Faculty and/or credentialed specialist in counseling or other subject area. A student may designate and earn any or no sub-specializations.

Electives which are designated as Sub-Specializations will become a degree requirement^ if the student follows the policies and procedures (subject to continued satisfactory academic progress, eligible enrollment, and Program Director approval). Some space per sub-specialization may be limited based on internship availability and approval of sub-specializations is at the discretion of the program director. Application Due Dates: Spring (Oct. 15) Summer (Dec. 1) Fall (Jun. 15). \*Coursework is a part of the regular course sequence; coursework is paired with elective(s) for sub-specialization. ^Contact Financial Aid for more information.

### **Areas of Sub-Specialization:**

#### **School Art Therapy**

Requirements:

- ATC 535/635 Art Therapy in the Schools (1)
- School Practicum & Internship Placement\*
- Clinical Case Paper

#### **Medical Art Therapy**

Requirements:

- ATC 562/652 Medical Art Therapy (1)
- Medical Practicum & Internship Placement\*
- Clinical Case Paper

#### **Geriatric Art Therapy**

Requirements:

- ATC 6XX Geriatric Art Therapy
- Geriatric Practicum & Internship Placement\* (1)
- Clinical Case Paper

### **Trauma Informed Art Therapy**

#### Requirements:

ATC 687 Trauma & Neuroscience Informed Counseling & Art Psychotherapy (3)  
Trauma Treatment Practicum & Internship Placement\*  
Clinical Case Paper

### **Depth Psychology**

#### Requirements:

ATC 638 Countertransference (1)  
ATC 639 Exploration of the Psyche (1)  
Self-Study Capstone Project\* or Depth Psychology Paper

### **Applied Community Art**

#### Requirements:

ATC 685 Community Art (1)  
25 hours or approved project

### **Advanced Research**

#### Requirements:

Capstone Project demonstrating research skills  
Research project, 50 hours work on faculty research or existing research protocol  
Prepare Manuscript to submit for publication

### **Advanced Cultural Humility**

#### Requirements:

ATC 701 Cultural Sensitivity in Art Psychotherapy & Counseling (4)

### **Advanced Practice in Art Therapy**

#### Requirements:

ATC 702 Cultural Sensitivity in Art Psychotherapy & Counseling (4)

### **Licensure Prepared\*(class of ATC 2024 and prior only)**

#### Requirements:

ATC 615 Family Counseling & Psychotherapy (3)  
ATC 632 Addictions (3)  
ATC 634 Career Counseling (3)

## **Required Courses**

At registration, matriculated students are automatically enrolled in the required courses for that academic year. All courses are required in sequence and are considered prerequisites and co-requisites for each semester.

## **Electives**

Students in good academic standing are permitted to take elective courses. Students may enroll in offered electives at the discretion of the Program Director. The Program Director in coordination with the Program Coordinator distributes memorandum to students announcing elective(s) and deadline(s) for requesting registration and designating specializations. Students interested in taking elective courses must request permission from the Program Director, who is authorized to approve the request and notify the Program

Coordinator. The Program Coordinator registers students and notifies students of course dates, times, tuition, fees, and meeting place.

Students must meet all deadlines with the program regarding designating electives towards specialization. Students who timely complete the process may be eligible for federal financial aid subject to federal regulations and institutional policies and procedures. ^Contact Financial Aid for more information.

\*Electives are billed at the current per credit hour tuition rate except for electives towards licensure preparation.

## **INTERNSHIPS AND SUB- SPECIALIZATIONS**

### **Sub-Specializations**

Any student may earn a Sub-Specialty designation on her/his degree by completing the combination of elective coursework and/or designated internship. Sub-Specialty areas of study are recommended by the Education Program Approval Board (AATA) 2019 revised standards Section IV.P. Specializations. Electives which are designated as Sub-Specializations will be covered by financial aid if the student follows the policies and procedures for sub-specializations and financial aid. \*Coursework is part of the regular tuition rate; course work is paired with sub-specializations.

#### ***Psychiatric Placements one (1) required\****

Barry Robinson Center (child)

Barry Robinson Center (adolescent)

Maryview Hospital Acute

Hampton VA Medical Center – DOM & Outpatient PTSD

Hampton VA Medical Center – Geriatric

Sentara 8B Inpatient Psychiatric (Norfolk)

Sentara Inpatient Psychiatric (Virginia Beach)

Newport News Behavioral Health – Residential

Newport News Behavioral Health- Acute

Eastern State Hospital

Sentara Inpatient Geriatric Psychiatric Unit

Virginia Beach Psychiatric

Pathways

Portsmouth Naval Medical Center (SARP)

Sentara Obici Inpatient Psychiatric

Shepherd’s Village Assisted Living

Kempsville Behavioral Health (used less often)

Riverside Behavioral Health (used less often)

Rivermont School of Hampton (supervision focused on psychiatric symptoms and collaboration with LCSW & psychiatrist/physicians)

Rivermont School of Tidewater (supervision focused on psychiatric symptoms and collaboration with LCSW & psychiatrist/physicians)

#### ***Areas of Sub-Specialization and Qualifying Internship Sites***

##### **School Art Therapy**

ATC 535/635 Art Therapy in the Schools (1)

School Practicum & Internship Placement\*

Christ the King Catholic School

Norfolk Christian School

Portsmouth Catholic School

St Mary’s Catholic School

St Patrick’s Catholic School

SECEP School placements

Chesapeake Alternative School

The Children's Center  
Chesapeake Bay Academy  
Rivermont School of Hampton  
Rivermont School of Tidewater

### Medical Art Therapy

ATC 562/652 Medical Art Therapy (1)  
Medical Practicum & Internship Placement\*  
Sentara Trauma Services  
Sentara Inpatient Rehabilitation Services  
Sentara Oncology (Norfolk or Virginia Beach)  
CHKD  
Beth Shalom Nursing & Rehabilitation (minimum 30 direct client contact hours)

### Geriatric Art Therapy

Coursework or Independent Study (1)  
Geriatric Practicum & Internship Placement\*  
Hampton VA Medical Center- Geriatric Unit  
Sentara Geriatric Unit (documented 40 hours)  
Shepherd's Village Assisted Living  
Beth Shalom Assisted Living & Memory Care (minimum 60 direct client contact hours)  
Harbor's Edge Assisted Living & Memory Care

### Trauma Informed Art Therapy

ATC 687 Trauma Informed Art Psychotherapy (1)\*  
Practicum & Internship Placement\*(document minimum of 40 hours related to trauma informed care)  
Barry Robinson Center- Residential  
Newport News Behavioral Health- Residential  
Hampton VA Medical Center- DOM & Outpatient PTSD  
Hampton VA Medical Center- geriatric unit  
Transitions Hampton (Domestic Violence)  
HER Shelter (Domestic Violence)  
YWCA (Emergency shelter Domestic Violence)  
Portsmouth Naval Medical Center (SARP)  
Park Place School  
Rivermont School of Hampton-day treatment  
Rivermont School of Tidewater-day treatment  
Riverside Behavioral Health- Residential  
Kempsville Behavioral Health- Residential  
Harbor Point Behavioral Health- Residential  
Sentara Trauma Services & Burn Unit  
Chesapeake Juvenile Services Center- detention  
Newport News Juvenile Detention

### Addictions

Addictions coursework  
Practicum & Internship Placement\*  
Hampton VA Medical Center – DOM (with addictions focus)  
Pathways (Virginia Beach)  
Sentara Inpatient Psychiatric (Virginia Beach only with Addictions focus)  
Portsmouth Naval Medical Center (SARP)  
Newport News Behavioral Health (Substance Abuse Unit focus)  
Barry Robinson Center (Substance Abuse Unit focus)