

Department of Emergency Medicine Quarterly Update

Jan-Feb-Mar 2024

Message from the Chair: Barry J. Knapp, MD

I want to extend my congratulations to the entire EVMS EM team and the EPT family for a very successful residency match! This achievement wouldn't have been possible without your support. You can read more about it from Dr. Byars below. Additionally, there are a few more exciting announcements as we look ahead to the summer and fall!

First, following nearly two years of planning, the Virginia General Assembly and Governor Glenn Youngkin are in the final stages of approving the Fiscal Year 2024 budget which includes funding for the integration of Old Dominion University (ODU) and Eastern Virginia Medical School (EVMS). The merger is officially on course to occur on July 1, 2024.

As EVMS transitions into a state-funded institution, this merger is set to ensure long-term financial stability and foster growth for the medical school. Support from Sentara played a key role in finalizing the merger. While we do not anticipate significant changes for our academic department, this integration promises to unlock new opportunities for collaboration in training and research. You might be wondering about our new name...

EVMS Health Science Center @ Old Dominion University.



Inside This Issue

Message from the Chair.....	1-2
Message from the PD.....	2
Special Achievements.....	3
Publications.....	3
Scholarly Activity & Speaking Engagements.....	3-6
Accepted Abstracts and Future Presentations.....	6-7
Upcoming Events	7

Our second announcement is that [EVMS Emergency Medicine](#) is planning an alumni reunion during the [ACEP Scientific Assembly 2024](#), which takes place from September 29 to October 2, 2024, in Las Vegas. The reunion is tentatively scheduled for the evening of September 30, 2024, at the Mandalay Bay conference meeting site. This event is an excellent chance to reconnect with former residents and faculty! An announcement to our alumni will be going out soon. Please reach out to your classmates and encourage them to attend! Mark your calendars, and don't forget to request time off for those dates!

Message from the Program Director: Don Byars, MD

Match Day 2024 is in the books! EVMS Emergency Medicine had a very successful match this year thanks to all the hard work by our wonderful coordinators, dedicated faculty, and amazing residents. Overall, in 2024 our specialty offered 3,026 positions (an increase of 16 spots from 2023) and filled 2,891 of them for a 95.5% fill rate (up from 84.6% in 2023). There were 135 unfilled positions in EM this year compared to 555 unfilled last year. I am pleased to report that we matched a very promising class of potential future rock stars!

Our match list had the following stats:

70% Women – 30% Men

60% MD – 40% DO

20% URiM

100% Awesome

- **Nevin Adamski** – Geisinger Commonwealth School of Medicine
- **Oluwatobi Akande** – Eastern Virginia Medical School
- **Shai “Konar” Ansell** – University of Oklahoma College of Medicine
- **Helena Brooks** – Edward Via College of Osteopathic Medicine – VA
- **Kylie Butler** – Alabama College of Osteopathic Medicine
- **Megan Duggins** – Eastern Virginia Medical School
- **Kiersten Potter** – Edward Via College of Osteopathic Medicine – VA
- **Melanie Shoemaker** – Mercer University School of Medicine – Savannah
- **Jonathan Stansbie** – Central Michigan University College of Medicine
- **Mitchell Vallone** – Lake Erie College of Osteopathic Medicine

We look forward to an amazing 2024-25 academic year!

Special Achievements

1. **Gavin Rogers, MD**, Instructor of Emergency Medicine, was nominated by an EVMS Student for the American Medical Student Association National Golden Apple Award for Teaching Excellence.
2. **Bruce Lo, MD**, Professor of Emergency Medicine, was appointed by the American Heart Association/American College of Cardiology to be on their Peer Review Committee for their new guideline: 2025 Acute Coronary Syndrome.
3. **Bruce Lo, MD**, received Virginia College of Emergency Physicians Career Achievement Award.
4. **Chris Maples, MD**, Assistant Professor of Emergency Medicine, was awarded Virginia College of Emergency Physicians Medical Director of the Year Award.
5. **Carol McCammon, MD**, Associate Professor of Emergency Medicine, was recognized and awarded the March Sentara Norfolk General Hospital Stroke Champion Award!

Publications

1. **American College of Emergency Physicians Clinical Policies Subcommittee (Writing Committee) on Severe Agitation**; Thiessen MEW, Godwin SA, H, **Lo BM**, et al., Clinical Policy: Critical Issues in the Evaluation and Management of Adult Out-of-Hospital or Emergency Department Patients Presenting With Severe Agitation: Approved by the ACEP Board of Directors, October 6, 2023. Ann Emerg Med. 2024 Jan;83(1):e1-e30. [PMID: 38105109](#).
2. Oskvarek JJ, Blutinger EJ, et al., members of the New Practice Models Task Force (**Counselman FL**). Beyond the Four Walls: The American College of Emergency Physicians 2022 New Practice Models Task Force Report. Ann Emerg Med 2024; 83 (3): 250-271. [PMID 37777937](#)
3. Akhavan AR, Kontrick AV, **Graffeo CS** et al.; "Cold feet": A qualitative study of medical students who seriously considered emergency medicine but chose another specialty. AEM Educ Train. 2024;8:e10967. [doi:10.1002/aet2.10967](#)
4. **Gayfield JB, Lang J, Lo B**, et al.; "Cardiogenic shock" [Cardiogenic shock \(visualdx.com\)](#)

Scholarly Activities and Speaking Engagements

1. On January 10, 2024, **Bruce Lo, MD**, taught "American Academy of Emergency Medicine Emergency Department Operations Course: Patient Satisfaction Workgroup".

2. **Coral Byrns, DO**, EVMS Emergency Medicine PGY-1 resident and **Matt Byerly, M4** EVMS student, played a pivotal role in assisting with the Hispanic Clinic on January 16, 2024. They contributed skills and dedication to make a positive impact. Their commitment to supporting the clinic's initiatives not only showcases the strength of our community but also emphasizes the importance of collective efforts in promoting healthcare accessibility. We extend our sincere gratitude to them for their invaluable contributions.
3. **Bruce Lo, MD**, was featured on ACEP's E-Qual podcast titled "Hot Topics in TIA: Imaging" that was released on January 23, 2024.
4. On January 24, 2024 the Emergency Medicine Interest Group organized a procedure workshop on airway management and chest tube placement. The sessions were led by **Matthew Jones, MD**, Assistant Professor of Emergency Medicine, **Sara Demian, MD**, EVMS EM PGY-3 resident and **Brittany Ambrose, DO**, EVMS EM PGY-1 resident.
5. A heartfelt thank you to **Barry Knapp, MD**, The Chidester Endowed Chair of Emergency Medicine, **TJ Tzavaras, MD**, Instructor of Emergency Medicine, **Joseph Lang, MD**, Assistant Professor of Emergency Medicine, **Ben Blackwood, MD**, Assistant Professor of Emergency Medicine, **Jennifer Beatty, MD**, Instructor of Emergency Medicine, **Zane Shuck, MD**, Assistant Professor of Emergency Medicine, **Lauren Apgar, DO**, Instructor of Emergency Medicine, **AJ Langa, MD**, Assistant Professor of Emergency Medicine, **Katherine Schaffer, MD**, EVMS Emergency Medicine PGY-2 resident, **Jessica Cartoski, MD**, Assistant Professor of Emergency Medicine, **Ryan Tomberg, MD**, Instructor of Emergency Medicine and **Bruce Lo, MD**, for your active participation in VACEP Advocacy Day on January 24, 2024! Your commitment to advocating for critical issues in emergency medicine is truly commendable and your contributions have made a meaningful impact.





- 6. While on an away elective, **Monica Mitta, MD**, EVMS Emergency Medicine PGY-3 resident, had an incredible opportunity to teach in India contributing to the global exchange of medical knowledge.



- 7. On Wednesday, February 7, 2024, the 3rd annual Tactical Medicine Simulation Day Conference was held at EVMS Simulation Center. This was attended by Tactical Medics from the region as well as State Police and was a 4 hour “hands on” lectures and training in advanced tactical medical techniques. **Joseph Lang, MD**, was the course director and instructor. Additional Instructors included **Nella Hendley, MD**, **Tyler Keith, MD**, **Dylan Woolum, MD** and **Ashley Fox, DO**, Assistant Professor of Emergency Medicine.
- 8. **Barry Knapp, MD**, The Chidester Endowed Chair of Emergency Medicine, recently attended the American Board of Emergency Medicine Board of Directors meeting from February 2-February 9, 2024 in Phoenix, AZ.
- 9. **Bruce Lo, MD**, gave a talk on February 28, 2024 at the 42nd Annual Emergencies in Medicine Conference in Park City, UT titled “HINTS to the Answer? Pluses & Minuses of Standardized Vertigo Assessment”.
- 10. **Bruce Lo, MD**, was featured on ACEP’s E-Qual Stroke podcast Qual-ED episode: “The Dizzy Patient in the ED” that was released on March 6, 2024.

11. **Ben Blackwood, MD**, and **Grace Gartman, MD**, Academic Emergency Medicine Fellow, attended the ACEP Teaching Fellowship Phase II in Arlington, Texas from March 9-13, 2024.
12. **Bruce Lo, MD**, held a virtual small group session on March 13, 2024 for the American Academy of Emergency Medicine titled: "Innovations in Emergency Medicine".
13. **Grace Gartman, MD**, attended Duke University Emergency Medicine Grand Rounds in Durham, North Carolina on March 13, 2024 as a visiting fellow.
14. **Barry Knapp, MD**, gave a Grand Rounds lecture entitled, "Not Enough Salt?...A Root Cause Analysis" at the Duke University Emergency Medicine program in Durham, North Carolina on March 13, 2024.
15. **Barry Knapp, MD**, on behalf of the American Board of Emergency Medicine, gave a lecture entitled, "Your Pathway to ABEM Certification..." at the Duke University Emergency Medicine program in Durham, North Carolina on March 13, 2024.
16. **Barry Knapp, MD**, gave a lecture on Monday, March 25, 2024, titled "How to Save a Life... A Survival Guide to Resuscitative Ultrasound," and proctored the ultrasound lab for EVMS M4 students who matched into Internal Medicine as a specialty.

Accepted Abstracts and Presentations

1. Case report titled "Coming Out of Nowhere: Carbon Monoxide Poisoning Related ST-Segment Elevation and Rapid Evaluation with Point of Care ECHO" was accepted at the Virginia College of Emergency Physicians as a poster presentation and at The American Institute of Ultrasound Medicine as an oral presentation by **Gavin Rogers, MD, Jared Lausen, MS, Kean Feyzeau, MD**, Assistant Professor of Emergency Medicine **Barry Knapp, MD**, and **Sara Demian, MD**.
2. Abstract titled "Post-Graduate Evaluation of a Medical Student Ultrasound Education Program" was also accepted at The American Institute of Ultrasound Medicine as an oral presentation by **Gavin Rogers, MD, David Nesbitt, MD**, Assistant Professor of Emergency Medicine, **Donald Byars, MD**, Professor of Emergency Medicine, **Felicia Toreno, PhD**, Associate Professor of Ultrasound Education, **Delicia Peeples**, Lecturer of Ultrasound Education, **B. Suzanne Dickinson**, Instructor of Ultrasound Education **Ronald Flenner, MD**, Vice Dean of Academic Affairs, **H. Brooke, Ashton Pas, Benjamin Chilampath**, M3 EVMS student, **Katherine Schaffer, MD**, and **Barry Knapp, MD**.
3. **Kean Feyzeau, MD**, had an oral abstract presentation titled "A Novel, Low Cost, Ultrasound Friendly Pericardiocentesis Model" accepted at the Society for Academic Emergency Medicine annual meeting.

4. **Donald Byars, MD, Anjeza Cipi, MD**, Assistant Professor of Emergency Medicine and **Christina Gates, DO**, EVMS Emergency Medicine PGY-3 resident attended CORD AA 24 March 24-28, 2024 in New Orleans, Louisiana. Dr. Gates presented [an abstract](#) during the poster session and the abstract was published in a special CORD AA24-WestJM issue (#26 in innovations session). Dr. Cipi served as a moderator for the abstract poster sessions and was accepted to the CORD RAF. Dr. Cipi completed part I of III on the pre-conference day.



Core faculty member Dr. Anya Cipi and PGY-3 Resident Christina Gates at the CORD Annual Assembly in New Orleans..

Upcoming Events

- **Journal Club @ The Push Comedy Club:** Monday, April 29, 2024
- **Resident Retreat in Sandbridge:** 4/25 - 4/28/2024
- **Dinner with Research Day guest speaker-** Dr. Tayal: 5/29/2024 (6:30p)
- **Research Day:** 5/30/2024 (Speaker- Dr. Vivek Tayal)
- **Resident Graduation Ceremony at the Botanical Gardens:** 6/12/2024
- **Senior Resident Graduation Party-** Dr. Graffeo's June 8, 2024

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