# Overall tips for your Résumé

Please consider the following guidance as you build your résumé.

# General Tips

- May be four pages: Since the EVMS Medical Master's Program does not conduct applicant interviews, the résumé document may be up to four (4) pages in length.
- Contact information belongs on the first page only.
- Don't add references to your résumé. That's what your letters of recommendation are.
- **Don't add Relevant Coursework** as the Admissions Committee will have access to your transcript(s).

# **Activity Tips**

- **List activity hours and type:** Include total completed hours for each activity. If you list any activity that included both shadowing & volunteering, indicate how many hours of each were completed.
- **Use descending chorological order**: Make sure all entries are in descending chronological order beginning with the most recent activity.
- **Don't duplicate your activities across sections**. Choose the most appropriate section for the activity and place it there.
- **List leadership roles**: If you held a leadership role or position, indicate that within the activity description.

# **Your Name Here**

123-456-7890 / MedMasterResume@sample.edu 1234 Successful Way / Any City, US 12345

#### **EDUCATION**

University of Virginia, Charlottesville, VA

Bachelor of Science in Chemistry

May 2019

• GPA 3.76, Magna Cum Laude, Dean's List Spring 2019

## MEDICALLY RELATED/CLINICAL SHADOWING EXPERIENCE

**Student Intern**June 2018–Present
Sentara Heart Hospital, Department of Cardiac Surgery (50 hours total: 30 shadowing, 20 volunteering)

Sentara Heart Hospital, Department of Cardiac Surgery (50 hours total: 30 shadowing, 20 volunteering Norfolk, VA

- Observe a variety of cardiac and thoracic surgeries such as cardiac catheterization, angioplasty, stent placement, and open heart surgery
- Shadow doctors in the Cardiac Surgery ICU and witnessed doctors monitoring vitals, explaining procedures and prognoses to patients and families, and doctor and nurse interactions
- Attend lectures and grand rounds

Dr. Christine Smith, M.D. (Internal Medicine)

• Make beds, help patients to rooms, clean areas

#### **Clinical Shadowing Participant**

January-April 2017

(50 hours total)

Norfolk, VA

- Observed taking patient histories and physical examinations
- Read and discussed research papers on community health issues
- Gained experience in the diagnostic process, differential diagnoses, and patient counseling

#### **Clinical Shadowing Participant**

October – December 2016

Dr. Mark Jones, M.D. (Reconstructive Orthopedic Surgery)

(45 hours total)

Charlottesville, VA

- Observed a variety of orthopedic surgeries including computer assisted hip and knee replacements
- Shadowed surgeons in the orthopedic outpatient center and intensive care unit
- Observed rounds and diagnosis discussions

University of Virginia Hospital, Department of Neurology

Participated in weekly surgical team meetings to review and discuss upcoming cases

#### RESEARCH EXPERIENCE

**Research Assistant** 

September 2012 – January 2013

(100 hours total)

Charlottesville, VA

Dr. John Doe, Ph.D. – PI

- Assisted in study of HIV-1 expressed protein, Nef, thought to help establish persistent infection leading to HIV-dementia
- Techniques utilized included: mini-and maxiprep, PCR, restriction digest, agarose gel electrophoresis, and spin column purification of recombinant adenovirus

### **Research Program Support Assistant**

University of Virginia School of Medicine Charlottesville, VA

June – August 2011 (20 hours total)

- Programmed and conducted experiment concerning neural control of decision timing
- Analyzed data using Matlab statistical software
- Produced 20-page report of findings
- Attended weekly lab meetings

#### **COMMUNITY SERVICE EXPERIENCE**

## **Mentoring Assistance Peer Program (MAPP) Mentor**

August 2011 – May 2013

University of Virginia, Charlottesville, VA

(200 hours total)

- Counseled and mentored two chemistry freshmen by providing academic and personal development skills and support, as well as serve as liaison to university student support services
- Implemented with a team of other mentors various academic, cultural, and service based enrichment events/programs for freshmen mentees throughout academic year

#### **Hospice Volunteer**

June 2007 – August 2007

Odyssey Hospice, Charlottesville, VA

(50 hours total)

- Visited patients at assisted living facilities 2 days/week
- Provided companionship to the patients
- Assisted family members and caretakers with daily care including bathing patient and preparing meals

### **EXTRACURRICULAR ACTIVITIES**

### **Academic Affairs Committee Co-Chairman**

May 2012 – May 2013

University of Virginia Student Government Association, Charlottesville, VA (48 hours total)

- Collaborated with senior administration to improve course evaluations for undergraduate students
- Proposed administrative policy change that would allow graded credit for civic service internships

#### **Publicity Committee Representative**

August 2010 – May 2013

University of Virginia: Milton S. Eisenhower Symposium, Charlottesville, VA (50 hours total)

- Recruited prominent world leaders to conduct lectures and publicized the events to the student body
- Shifted focus on advertising towards social media to reduce cost and environmental waste by 30%
- Increased lecture attendance by 150%, maintaining an average attendance of ~550 people

## Varsity Field Hockey Team Member

August 2011 – May 2013

University of Virginia, Charlottesville, VA

- 1<sup>st</sup> string, right wing forward on varsity team
- Committed 25 hours per week to field hockey, while maintaining a good GPA

#### PERSONAL INTEREST/HOBBIES

- Avid kayaker and knitter
- Enjoy outdoor activities
- Enthusiastic baker